

BODY TREATMENTS



Pamper^{DPT}

Express (E) = 50 mins Standard (S) = 75 mins Full (F) = 100 mins

customers' favorite

AROMATHERAPY ASSOCIATES TREATMENTS



ULTIMATE AROMATHERAPY EXPERIENCE

INTENSIVE MUSCLE RELEASE	60 mins	90 mins	120 mins
REVIVE & TONE	\$1,280	\$1,580	\$1,980

JETLAG CURE/ BEDTIME RITUAL (90 OR 120 MINS ONLY)

SIGNATURE TREATMENTS



\$ 840 (S) \$ 1,120 (F)

HOT OIL



\$ 840 (S) \$ 1,120 (F)

PROBLEM-SOLVER MASSAGE

(choose any one: cupping, magnetic, or scrapping)

SPECIALTY MESSAGES

PREGNANCY



| LYMPHATIC



| SPORTS



Choose any of the three \$ 580 (E) \$ 870 (S) \$ 1,160 (F)

STAY CLASSY?



WHY NOT OIL?



KEEP IT DRY

Body | Head & Shoulder \$ 440 (E) \$ 660 (S) \$ 880 (F)



Reflexology \$ 340 (E) \$ 510 (S) \$ 680 (F)

10% service charge applies to non-members

BODY TREATMENTS



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SWEET DEALS!

(cannot be used in conjunction with other discount or offers)

	HKD	Discount NOW
50 min Body + 50 min Foot	\$ 780	\$ 710
25 min Body + 75 min Foot	\$ 790	\$ 690
75 min Body + 25 min Foot	\$ 860	\$ 780

ADD-ONS!

	HKD
Cupping (25 mins)	\$ 480
Magnetic therapy (25 mins)	\$ 480
Scrapping (25 mins)	\$ 480
Coconut oil (for massage)	\$ 80

10% service charge applies to non-members

NAIL TREATMENTS



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♥ customers' favorite

7 & 10 TOXINS-FREE NAIL POLISHES



HAND

	HKD
Traditional Manicure	\$ 280
Soak-Off Gel Manicure	\$ 450
Pamper Hand Treatment	\$ 300



FEET

	HKD
Traditional Pedicure	\$ 400
Soak-Off Gel Pedicure	\$ 560
Pamper Foot Treatment	\$ 400
Shanghainese Pedicure	\$ 280



COMBOS

	HKD	Discount NOW
INDULGE Mani + Pedi Trad. + Treatment	\$ 1,340	\$ 1,160 ♥
INDULGE Mani + Pedi Soak-Off + Treatment	\$ 1,710	\$ 1,390 ♥

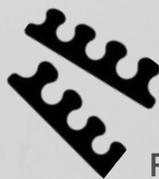
	HKD
Traditional Mani + Pedi	\$ 680
Soak-Off Gel Mani + Pedi	\$ 1,010

(cannot be used in conjunction with other special offers)

KIDS

	HKD
Mini Mani	\$ 100
Mini Pedi	\$ 200

(age 5 - 11 only)



EXTRAS

	HKD
French Polish (add-on)	\$ 80
Soak-Off Gel Removal	\$ 120
Soak-Off Gel Re-varnish	\$ 180
Additional color	\$ 45

10% service charge applies to non-members

WAXING & BROWS/LASHES TREATMENTS



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WAXING WITH LITTLE PAIN



ARMS

	HKD
UNDERARMS	\$ 180
FULL ARMS	\$ 360
HALF ARMS	\$ 260
BACK	\$ 450
HANDS	\$ 120

	HKD
FULL FACE	\$ 400
EYEBROWS	\$ 180
UPPER LIP	\$ 140
FOREHEAD	\$ 160

FACE

	HKD
FULL LEGS	\$ 510
UPPER LEGS	\$ 360
LOWER LEGS	\$ 300
TOES	\$ 100

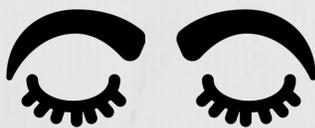
LEGS



BIKINI (LADIES ONLY)

	HKD
BIKINI	\$ 260
BIKINI PLUS	\$ 300
BRAZILLIAN	\$ 480
HOLLYWOOD (ALL OFF)	\$ 460

BROWS & LASHES



	HKD
LASH TINTING	\$ 260
BROW TINTING	\$ 200
BROW & LASH TINTING	\$ 320
BROW SHAPE & LASH TINTING	\$ 420
EYELASH PERMING	\$ 480

10% service charge applies to non-members

FACIAL TREATMENTS



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ANTI-AGING

90 mins

AGE REPAIR FACIAL

\$1,280

For a firm, plumped and more youthful looking complexion.



AROMATHERAPY
ASSOCIATES
LONDON

HYDRATING

60 mins

90 mins

ESSENTIAL ROSE FACIAL

\$ 1080

\$1,280

For a smooth, radiant complexion and a relaxed state of mind.



LED PHOTOTHERAPY

Say hi to this award-winning brand from UK, Dermalux.
Beneficial light energy | Clinically proven wavelengths

Choose any one of the following for HKD \$ 580 (30 mins):

SKIN REJUVENATION

When? Fine lines, photo-damage, loss of elasticity, enlarged pores, uneven skin tone, dehydration, puffiness, wrinkles

ANTI-BACTERIAL

When? Blemishes and breakouts, red and nflamed spots, facial redness, oily skin, visible pores

CALMING

When? Dry and tight, flaky or rough skin texture, easily irritated, sensitivity and facial rednes

10% service charge applies to non-members



THE ULTIMATE AROMATHERAPY EXPERIENCE

This treatment releases tension held in every part of your body leaving you feeling deeply relaxed and recharged.

This hero treatment starts with a consultation to find out what your emotional and physical needs are. From that we carry out an aroma test to allow you to choose the oil most suitable for you. There are twelve signature oils to choose from, formulated with natural plant and flower oils with wonderful exotic scents and powerful therapeutic benefits for body and mind.

With your chosen oil, your therapist will use carefully applied pressures to stimulate the nervous system, wedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This treatment works from your head to your toes, it will dissolve away all of your stress and tension. This is an intense massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

It may be taken as a 60 minute or 90 minute massage ritual. In the longer treatment extra attention is given to the facial massage.



INTENSIVE MUSCLE RELEASE

An intensive massage that works deep into stiff, tight aching muscles to instantly release pain and tension.

This deeply restorative treatment is specifically designed for tight, stressed and aching muscles. Whether it's a heavy exercise schedule or too many hours spent sitting at your desk, when you push yourself to your limit, your body can easily become stiff, tight and painful.

Swedish and cross muscle fibre massage techniques, with stretching and draining, are combined with essential oils known for their beneficial effects on the circulation. Black pepper, rosemary and ginger warm the muscles and help disperse the build up of lactic acid that causes stiffness and pain. Calming lavender soothes and is anti-inflammatory.

BODY TREATMENTS - APPENDIX



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REVIVE & TONE



Complementary brush

This invigorating treatment is specifically designed for those looking for an intensive body detox. The perfect therapy when you are dieting, feeling sluggish and lacking energy

The ultimate trilogy of body brushing, exfoliation and stimulate lymph, remove dead skins cells while re-mineralising the skin. Following this a sculpting massage works to brighten and tone the concern area. This enables the application of the Revive Body Gel, Revive Body Oil and Revive Body Lotion to penetrate efficiently into the body, resulting in a deeply recharged mind and reenergised body.

The original Revive Morning blend of refreshing grapefruit, stimulating rosemary and diuretic juniper leave you feeling truly revitalised and your skin will appear bright, smooth and silky



JETLAG CURE / BEDTIME RITUAL

A treatment for weary travellers depending on your time zone to get you back on track when you're feeling fuzzy, tired and sluggish.

Long distance travel is physically and mentally exhausting and this treatment works on both levels to help you recover from the journey and adjust to your new environment.

The treatment begins with an inhalation of eucalyptus to clear the airways. Body brushing gets the circulation going and stimulates the skin before a series of stretching and invigorating massage techniques re-align the body and get it moving again. Meanwhile spinal pressures works on the nervous system to reset the body clock, encouraging healthy circulation, digestion and elimination.

Carefully selected essential oils work in combination with the massage techniques. To revive and keep you going, zesty pink grapefruit, juniper berry and rosemary bring mental clarity and stimulate the kidneys, liver and digestive system. To relax, vetivert, sandalwood and camomile calm and sedate both body and mind to enable you to get a good night's sleep.

It may be taken as a 90 minute or 120 minute massage ritual. In the longer treatment could start with a wellness foot soak and end with relax hydrating facial & ayurvedic scalp massage.

10% service charge applies to non-members



ANTI-AGING AGE REPAIR FACIAL

For a firm, plumped and more youthful looking complexion.

This is natural, highly effective skincare to reduce the signs of ageing without using harsh chemicals.

This repairing and anti-ageing facial works with natural oils of inca inchi and larch extract which stimulate collagen formation to deliver firm and tightened skin, whilst the anti-inflammatory properties of pomegranate and rosehip seed oil work on slowing down the effects of ageing skin.

True to Aromatherapy Associates' skincare philosophy, your skin is prepared by cleansing and exfoliating with jojoba beads or corncob granules. It is then massaged using apple seed extract, raspberry seed oil and date palm oil which are renowned for their cell renewal and anti-oxidant effects. Two masks are applied, a Skin Treatment Hydrosol Sheet Mask that delivers a deeply penetrating, intensive hit of skin rejuvenators, and an intense strawberry seed and frankincense mask to firm and plump. Whilst the masks take effect, the eye area is taken care of with a lymphatic massage to improve skin suppleness and elasticity. For ultimate luxury, your scalp is massaged to release stress and tension.



HYDRATING ESSENTIAL ROSE FACIAL

For smooth, radiant complexion and a relaxed state of mind.

This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. This treatment helps to boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented.

A calming frankincense inhalation helps you let go of the day's stresses, turning your focus inward as your treatment begins. A scalp massage releases muscular tension and prepares you for your facial. Your skin is thoroughly cleansed, exfoliated and toned using our rose preparations, rich in pure regenerating damask rose, skin balancing geranium, and nourishing jojoba oil. A traditional aromatherapy pressure point massage combined with lymphatic drainage releases facial tension and congestion. Then while a hydrating facial mask goes to work, your arms and hands are massaged and your skin is finally treated with a deeply moisturising facial oil and moisturiser.